

SCHOOL CONCUSSION MANAGEMENT

Four Prioritized Steps

3/4/2010

1. Create an awareness of concussion management facts and concerns with teachers, athletic administrators, coaches, athletic trainers, school nurses, athletes and parents.
2. Develop a school based concussion management team (School doctor, nurse, trainer, AD, coach, and any other interested school personnel) that will organize the implementation of concussion management education for staff members, help identify concussed students, monitor care and return to school and play for concussed students. The school concussion management team will act as a liaison to resource groups (such as the Section Concussion Management Team).
3. Adopt a school concussion management policy, procedure and protocol.
4. Plan to utilize a tool, such as ImPACT, for establishing baseline cognitive testing scores of student athletes allowing for a comparison of post injury test scores with baseline test scores.

These were cited by Brian Rieger, PhD, when asked by a school superintendent, "What are the first things our schools should do to develop a concussion management program?"