

Student Essay

In 300 words or less describe your experience as a high school swimmer/diver. Some of the things you may want to include are what the sport means to you, what you like or dislike about your team, how swimming has helped you grow as a person, what competition has done for you, and if the hours of practice swimming up and down the pool were really worth it.

Student's Name (printed) _____

Student's Signature _____